

# A Comprehensive Approach to Sexual Violence Prevention

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BARCC is here because...

Thank you for  
being there.



In BARCC's next 40 years, I want...

the need to  
be far less



I'm happy BARCC is here because...

They provide a  
community of  
support!



In BARCC's next 40 years, I want...

The need to no  
longer exist, but the  
education and awareness  
to continue.



dedicated to healing.  
advocating for change.

# This presentation will...

- Give an overview of sexual violence prevention,
- Define a “comprehensive” approach
- Provide examples of evidence-informed strategies,
- Discuss implications for the Commission.

# What is sexual violence?



## Overview

# Definition

Any sexual activity where consent is not obtained or freely given.

Broad continuum of violent and abusive behaviors including:

- Rape
- Sexual assault
- Sexual harassment
- Non-contact sexual abuse such as verbal and cyber-harassment.

Massachusetts Sexual Violence Prevention Plan (2009-2016)

# Prevalence & Context

- Many people experience sexual violence.
  - 1 in 2 trans people (FORGE, 2012),
  - 1 in 2 women (NISVS, 2010),
  - 1 in 5 men (NISVS, 2010).
- Most survivors of rape know their perpetrator (NISVS, 2010).

# What Causes Sexual Violence?



Overview



# Risk & Protective Factors

## Socio-Ecological Model



### Overview

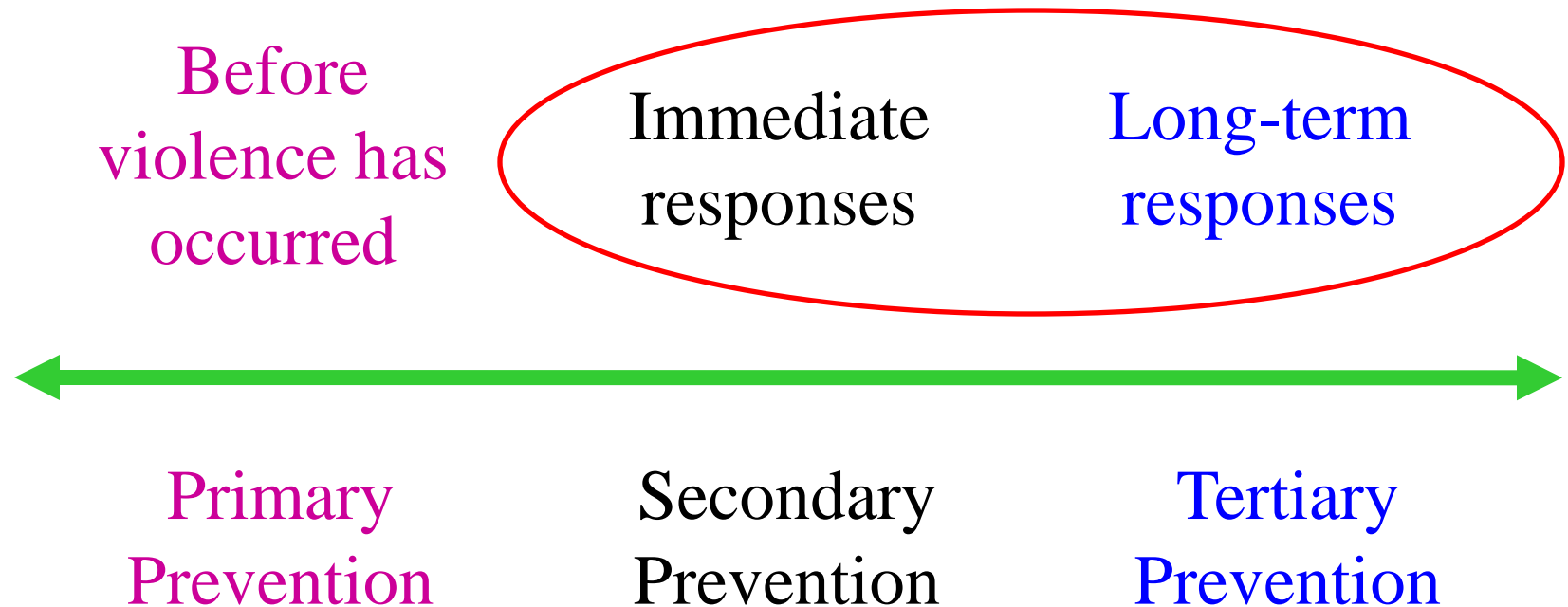


# Sexual Violence Prevention



Comprehensive Prevention

# Comprehensive Prevention



Source: CALCASA, David S. Lee, MPH

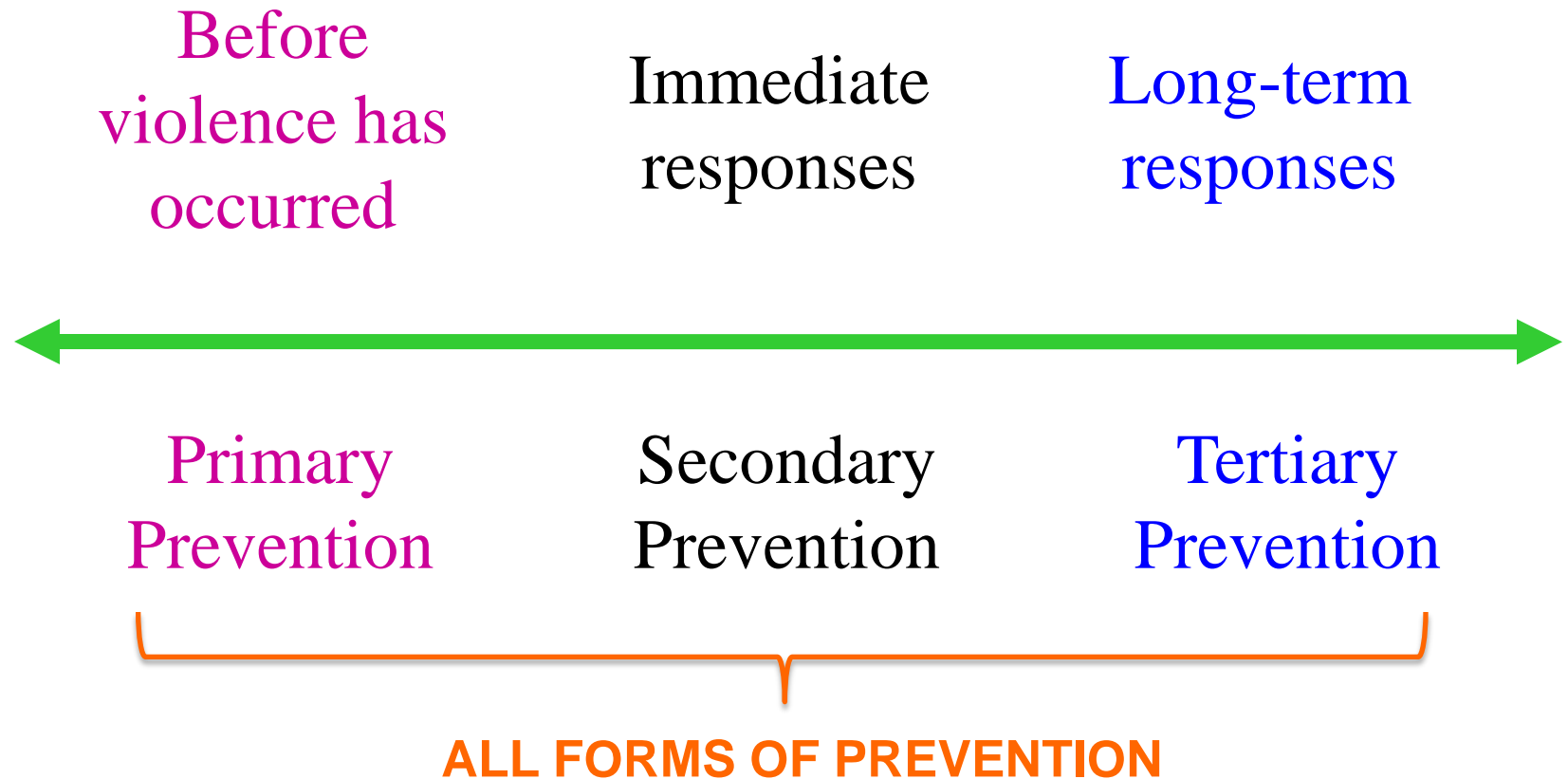
Comprehensive Prevention

# Primary Prevention: Moving Upstream



Comprehensive Prevention

# Comprehensive Prevention



Source: CALCASA, David S. Lee, MPH

Comprehensive Prevention

# Strategies at all levels

## The Spectrum of Prevention



Comprehensive Prevention

# Challenges

- Limited evidence ,
- No “one size fits all,”
- Hard to measure,
- Lack of communication and collaboration,
- No sustainable funding stream,
- Requires a shift in culture.



# Evidence Informed Approaches

- Environmental Interventions
- Bystander Skills Training



Prevention Strategies

# Environmental Interventions



## “Shifting Boundaries”

- 30 public middle schools in New York
- Classroom lessons
- Building interventions

*Shifting Boundaries: An Experimental Evaluation of a Dating Violence Prevention Program in Middle Schools.*

Prevention Strategies

# Campus Mapping



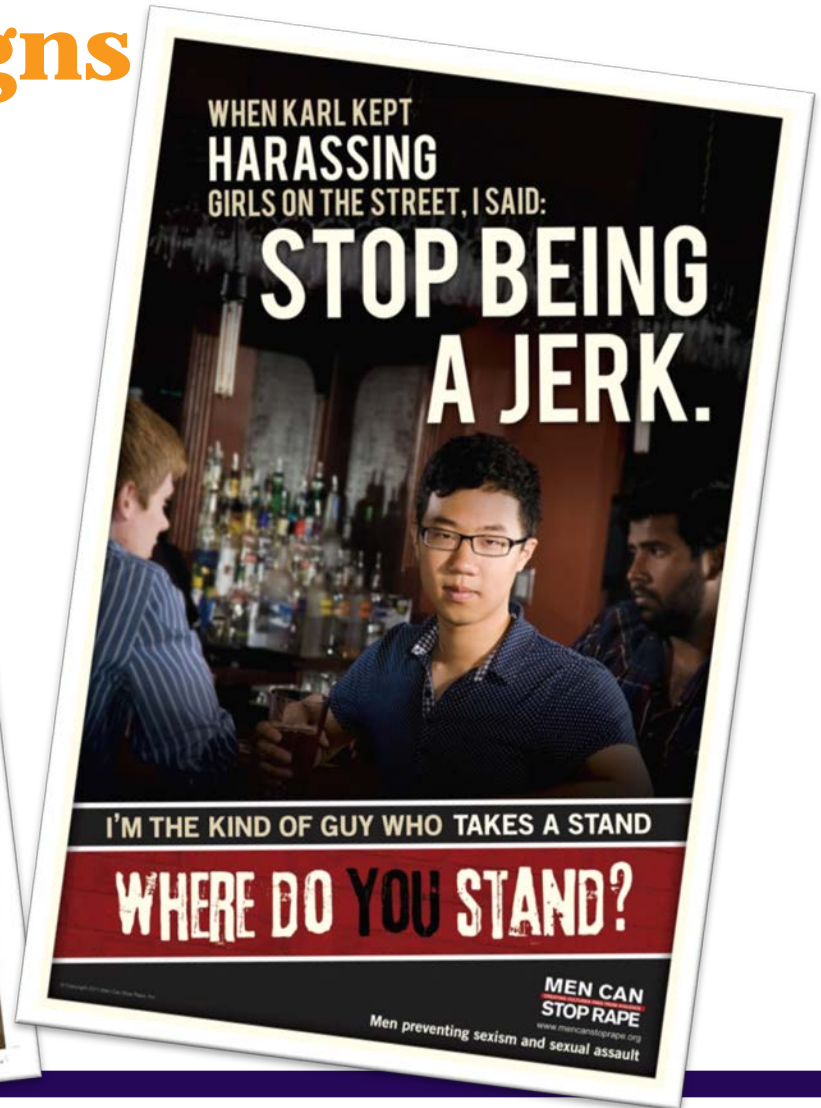
Prevention Strategies

# Bystander Skills Training



- Something for everyone
- Skill-building
- Changes community norms

# Poster Campaigns



Prevention Strategies



# “It’s On Us” Campaign





# Discussion

- How can this commission promote a comprehensive sexual violence prevention approach in the Commonwealth?
- What are the next steps after these presentations?

# Boston Area Rape Crisis Center

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Cambridge, MA

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Hotline: 1-800-841-8371

Website: [www.barcc.org](http://www.barcc.org)

@barcc 

Boston Area Rape Crisis Center 